

IOC ACTIVITY RECORD

Please complete this Activity Record and return it to the Activity Coordinator along with copies of maps and other relevant information (preferentially in an electronic format). This form will be used for the Activity Files Data Base and will provide an invaluable source of information for other members who want to lead an activity in the same area.

Leader(s) name(s): Benoit	Name of the event: Autumn hike Osaka furitussogoseishonenyagaikatudo center				
Participants names: Keiko, Junko, Kuriko, Minhao, Ken, Peter, Mami, Sayaka, Tetsuya, Lisa	Location: Yamashita,				
	Prefecture: Osaka				
Date: 2006, October 14-15 th	Map: Yama-to-Kogen n°47 Kenbisan-RM.PNG				
	Type of event (hiking, cycling, ...): hiking				
Weather conditions: warm and sunny	Level (IOC star rate): 1 stars				
Description of the event (references): From Nosenosato center (bus stop terminal), walk down and turn left (500m) and left again at the second cross-road (there's an indication). Then, the normal should be on the right 200m later but we missed it and walk straight along the river. The path (road) is quite large but suddenly stopped after 2Km. At this point start two small trails. We took the one up on the ridge. Although the path was quite narrow, steep and difficult to follow, we easily managed to get to the top of the ridge. The summit (Kenbisan) is then 5-10mn in the South. Then, the walk along the ridge is quite easy till the twin summit. We came back and followed the main trail down to the camp (see the crazy long name at the top!). From the camp down to the bus station, it's approximately 45mn hike (asphalt).					
Transport details (to the meeting point from Osaka Umeda or Kyoto if in Kansai / from meeting point to the destination if outside, cost per person)					
	Transportation:	From:	To:	Travel time:	Cost:
Out:	train	Umeda (Hankyu)	Yamashita	50mn	¥540
	bus	Yamashita	Nosenosato center	50mn	¥590
Back:	bus	?? (bus stop)	Yamashita	45mn	¥470
	train	Yamashita	Umeda(Hankyu)	30mn	¥450
Total:					¥620/760
Accommodation (type, cost, reservation, references, website, contact): We rent lodges (for 10 persons) at "Osaka furitussogoseishonenyagaikatudo center". It was ¥1800/person from 3pm to 2pm. They are a bit strict with the rules but the staffs are very nice.					
Comments and advices for the next time: If you want to avoid the adventurous part of the hike (small trail on the ridge), don't miss the path at the beginning of the hike!					