

## IOC ACTIVITY RECORD

Please complete this Activity Record and return it to the Activity Coordinator along with copies of maps and other relevant information (preferentially in an electronic format). This form will be used for the Activity Files Data Base and will provide an invaluable source of information for other members who want to lead an activity in the same area.

<b>Leader(s) name(s):</b> Rolf	<b>Name of the event:</b> MTB hike on the Christian trail				
<b>Participants names:</b> Benoit	<b>Location:</b> Ibaraki				
	<b>Prefecture:</b> Osaka				
	<b>Map:</b> Yama-to-Kogen n°48 <a href="#">ChristianTrail-RM.PNG</a>				
<b>Date:</b> 2006 April 1st	<b>Type of event</b> (hiking, cycling, ...): cycling (MTB)				
<b>Weather conditions:</b> sunny	<b>Level</b> (IOC star rate): 1.5				
<b>Description of the event</b> (references): Mountain bike ride to the scenic country side hills of Ibaraki Even if we start from Rolf's house (on Abu-yama), it's easy to start from Ibaraki station (see map)					
<b>Transport details</b> (to the meeting point from Osaka Umeda or Kyoto if in Kansai / from meeting point to the destination if outside, cost per person)					
	<b>Transportation:</b>	<b>From:</b>	<b>To:</b>	<b>Travel time:</b>	<b>Cost:</b>
<b>Out:</b>	train	Umeda (Hankyu)	Ibaraki	15mn	¥260
<b>Back:</b>	train	Ibaraki	Umeda (Hankyu)	15mn	¥260
<b>Total:</b>					¥520
<b>Accommodation</b> (type, cost, reservation, references, website, contact):					
<b>Comments and advices for the next time:</b> A nice break can be done at the Madama Mura to get a Jomon Lunch or a tea break <a href="http://www.madamamura.com/">http://www.madamamura.com/</a>					